ABSTRACT OF THE DISCLOSURE

A system and method for determining a level of empathy between two people includes four sets of questions for each query posed, a first set being how a first participant feels about a topic, a second set being how the first participant thinks a second participant would answer the same question, a third set being how the second participant feels about the topic, and a fourth set being how the second participant thinks the first participant will answer the same question. A "weighted" numerical range of possible answer selections are provided for each question from each set. The first set is compared with the fourth set, the second set is compared with the third set to determine an empathy index for each query for each of the participants. The process is repeated for a plurality of questions that are averaged to also provide an overall empathy index and also various group indices. Software is provided according to a first embodiment in a server accessible over the Internet or on a PC according to a second embodiment. A workbook is provided according to a third embodiment.